

# Join Us, Because We're Stronger Together



Help us improve the patient experience in Canada, connect with others just like you, get access to free coaching and expert programs - all at the touch of a button.

Participate in our mobile social network and research study in partnership with University of British Columbia and you'll help make a difference for patients. Spaces are limited.

## Join A Community Below:



**Disability and Physical Activity**  
To support those with a physical disability in keeping active



**Plan to Move Your Kids**  
To support parents and caregivers of children living with a disability in being physically active



**Cardiovascular Health and Wellbeing**  
To support those living with cardiovascular disease



**4+2 Diabetes Reversal Strategy\***  
To support those who are pre-diabetic or living with type II diabetes



**Parenting During COVID-19**  
To support parents/caregivers in managing being a parent during the COVID-19 pandemic



**Stroke Recovery**  
To support those recovering from a stroke



**Respiratory Health and Wellbeing**  
To support those living with respiratory disease



**Keeping Mentally Strong with Multiple Myeloma**  
To support those living with multiple myeloma



**Prostate Cancer**  
To support those living with prostate cancer

Dr. Kathleen Martin Ginis, Principal Investigator  
Professor, Department of Medicine  
[www.curatio.me/strongertogether](http://www.curatio.me/strongertogether)

## Stronger Together UBC Study

Please note that if you do choose to post to the study page, and/or "like", "comment", and/or "follow" the study page, you may be publicly identified with the study. Should you wish to remain completely anonymous, please refrain from engaging with the online study content on publicly available pages with your identifiable information.

*\*This is a non-research quality improvement community*

